

## CLAIMS

1. A method of sewing an eight-point star, comprising:
  - aligning a square on a lower part of a rectangle and attaching the same together with a stitching line sewn diagonally from an upper left corner of the square to the lower right corner of the square, and trimming away a lower left corner of the combined square and rectangle to form a rectangular first combination;
  - attaching the first combination to a rectangle piece to form a square-shaped first unit;
  - forming three additional first units;
  - aligning a square on a lower part of a rectangle and attaching the square to the rectangle with a stitching line formed from an upper right corner to a lower left corner of the square, and removing a lower right corner of the combined square and rectangle to form a rectangular second combination;
  - forming three additional second combinations;
  - attaching the second combination to a rectangle piece to form a square-shaped second unit;
  - forming three additional second units;
  - placing a second unit on top of a first unit with front sides facing together and attaching the same together with a stitching line formed from an upper left corner to a lower right corner, and cutting off an upper right corner of the combined first and second units to form a square-shaped quarter portion;
  - forming three additional quarter portions;
  - attaching two square-shaped quarter portions together to form a rectangular half-star; and
  - attaching two rectangular half-stars together to form a square-shaped eight-point star.

2. The method of claim 1, wherein the rectangle first combination is formed to visually contrast the material of the square piece with the material of the rectangle piece.

3. A method of forming an eight-point star, comprising:  
forming four square-shaped quarter portions, each quarter portion depicting two points of the eight-point star; and  
attaching the four square-shaped quarter portions together to form a square-shaped block having an eight-point star thereon.

4. The method of claim 3, wherein the square-shaped quarter portions are each formed from a first square-shaped segment attached to a second square-shaped segment and attached along a line formed diagonally from a first corner to a second corner.

5. The method of claim 4, wherein the first square-shaped segment and second square-shaped segment are each formed by attaching two rectangular pieces together.

6. The method of claim 5, wherein the two rectangular pieces comprise a first rectangular piece made of a rectangular piece attached to a square piece and a second rectangular piece that is attached to the first rectangular piece.

7. The method of claim 6, wherein the first rectangular piece is formed of material that is visually-contrasting to material of the second rectangular piece and the square piece.

8. A method of forming a fabric block, comprising:

forming two square-shaped fabric segments, each square-shaped fabric segment formed from a first rectangular piece sewn to a square piece and further sewn to a second rectangular piece;

sewing the two square-shaped fabric segments together to form a square-shaped quarter portion depicting two points of a star; and

sewing the four square-shaped quarter portions together to form a fabric block depicting an eight-point star.

9. The method of claim 8, wherein the first rectangular piece is formed of material that visually contrasts with the material of the square and the second rectangular piece.

10. The method of claim 8, comprising forming the first and second rectangular pieces to be of the same length and shape, and forming the square piece to be of the same width of the first rectangular piece and approximately one-half of the length of the first rectangular piece.

11. A fabric block depicting an eight-point star, comprising:

four square-shaped fabric pieces attached together, each of the four square-shaped fabric pieces depicting two points of an eight-point star and comprising two square-shaped fabric segments attached together, each square-shaped fabric segment formed from first and second rectangular fabric pieces sewn to a square fabric piece.

12. The fabric block of claim 11, wherein the first rectangular fabric piece is formed of material that visually contrasts with material of the second rectangular fabric piece and the square fabric piece.

13. The fabric block of claim 11, wherein the first rectangular fabric piece and the second rectangular fabric piece are formed to have the same length, and the square fabric piece is formed to have a width equal to a width of the first rectangular fabric piece and a length equal to approximately one-half of a length of the first rectangular fabric piece.

14. The fabric block of claim 11, wherein the two square-shaped fabric segments are sewn diagonally from one corner to another corner.

15. The fabric block of claim 11, wherein the square fabric piece is sewn to the first rectangular fabric piece by stitching sewn diagonally from one corner of the square fabric piece to a second corner of the square fabric piece.

16. An eight-point star formed of fabric, comprising:  
two rectangular-shaped pieces, each depicting one-half of an eight-point star, sewn together to form a square-shaped fabric piece depicting an eight-point star, each rectangular shape piece comprising:

two square-shaped quarter portions attached together, each square-shaped quarter portion comprising:

square-shaped first and second units, each of the first and second units formed of a rectangular-shaped combination attached to a rectangular piece, each of the rectangular-shaped combinations comprising a square-shaped piece of material attached to a lower portion of a piece of rectangular material.

17. An eight-point star, comprising:  
a combination of only rectangle and square pieces that are formed only of combinations of smaller rectangle and square pieces.

18. An eight-point star, comprising:  
a combination of only rectangle pieces that are formed from a combination of only smaller squares and rectangles.

19. An eight-point star, comprising:  
a combination of only square pieces that are formed from a combination of only square-shaped and rectangle-shaped pieces.